

Rhythms: Scripture (as prayer)

Prayer as “Conversation with God” involves listening to God, reflecting on what He says, and responding to Him with our own words.

Text

Hebrews 10:5-7

5 Consequently, when Christ came into the world, he said, “Sacrifices and offerings you have not desired, but a body have you prepared for me; 6 in burnt offerings and sin offerings you have taken no pleasure. 7 Then I said, ‘Behold, I have come to do your will, O God, as it is written of me in the scroll of the book.’”

Teaching

How did Jesus have real conversations with the Father? (Hebrews 10:5-7)

- Jesus _____ to the Father.
- Jesus _____ on what the Father said.
- Jesus _____ to the Father.

How can we have real conversations with the Father?

- We _____ to the Father.
- We _____ on what the Father has said.
- We _____ to the Father.

Benefits of Praying this way:

- _____
- In a _____

Questions about praying this way:

- Do we always need to meditate on Scripture before we pray?
- Is the Bible the only way God speaks to us?

Deeper Dive

Imagine being a disciple that heard Jesus pray. What do you think would strike you? What about His praying would make you want to pray like Him?

The Book of Psalms was the Prayer book for the Israelites. They often sang the words, but these words were given to help them pray. Jesus used the words of the Psalter as He talked to the Father from the cross.

- “My God, my God; why have you forsaken me?” (Psalm 22:1)

- “Into your hands I commit my spirit.” (Psalm 31:5)
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Reflection & Discussion

- What was one thing that impacted you from the presentation? In what way was it impactful?
- How has God used the Scripture to make prayer a “conversation” with Him for you?
- What books of the Bible, or particular passages have been a special help to you in prayer?
- Tell about a person who you love(d) to hear pray. What is there about his/her praying that you loved?
- Recount an experience you had in group prayer that was meaningful to you? What made it so?